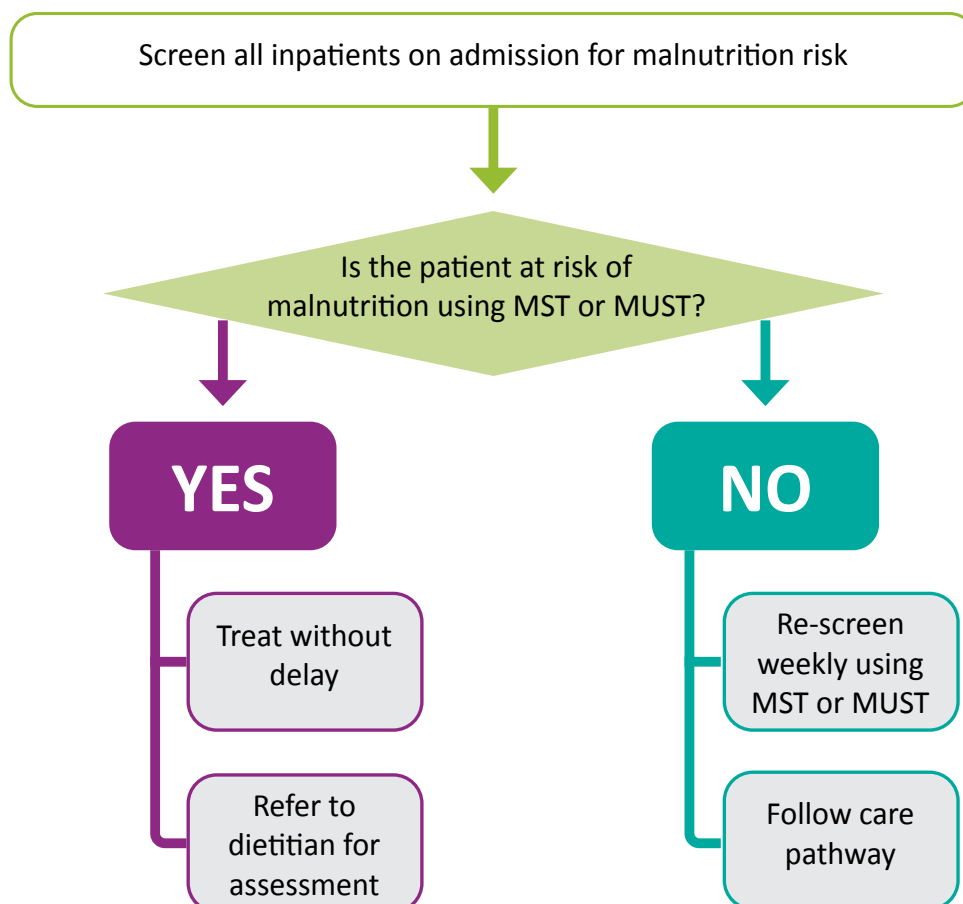


## Inpatient Malnutrition Risk Screening and Treatment Pathway



### Treatment Options *(alphabetical order)*

- Commencing on the appropriate hospital diet, e.g. Regular or Energy Dense
- Food fortification
- Increasing menu choice and provision of high energy snacks
- Oral nutritional supplements
- Supervision/feeding assistance at mealtimes
- Treating contributory symptoms

**Key:** MST - Malnutrition Screening Tool, MUST - Malnutrition Universal Screening Tool

**Notes:**

- Refer to local policy for treatment options
- Refer to dietitian and treat on same day as screen.
- Refer to local referral criteria to the dietitian for MST and MUST.