

## Policy Seminar: Optimising nutrition in cancer

**07.00 Registration**

*BREAKFAST SATELLITE – Fresenius Kabi*

**08.45 Session 1: Why nutrition matters in cancer care**

**08.45 Welcome address**

*Professor John Reynolds, President IrSPEN, Academic Head of Surgery, St. James's Hospital*

**09.00 Optimising cancer care in Ireland: are we on course?**

*Dr. Jerome Coffey, Director National Cancer Control Programme*

**09.15 Cancer related malnutrition, cachexia and sarcopenia: prevalence and impact on outcomes**

*Dr. Aoife Ryan, Lecturer in Nutritional Sciences, UCC*

**09.45 Nutrition in cancer: can it make a difference?**

*Oonagh Griffin, HRB Research Fellow, TCD*

**10.05 Nutritional care in practice: how dietitians make a difference**

*Veronica Mc Sharry, Senior Dietitian Oncology & Haematology, Mater Hospital*

**10.25 Nutritional care in practice: the patient experience**

*Niamh Rice, IrSPEN Director*

**10.45 Coffee, networking, poster viewing & exhibition**

**11.15 Session 2: Nutrition as part of cancer care in Ireland – an agenda for action**

**11.15 Treating cancer cachexia: past, present and future**

*Dr. Barry Laird, Consultant in Palliative Medicine & Senior Lecturer, Edinburgh University*

**11.45 Nutrition in cancer care in Ireland: what will it take to translate expert guidelines into practice?**

*Professor John Reynolds, President IrSPEN, Academic Head of Surgery, St. James's Hospital*

**12.05 Panel discussion**

*Invited panel of experts & speakers join facilitated discussion*

**12.35 Closing remarks: key learnings, conclusions and priorities for action**

**12.45 Lunch, networking, poster viewing and exhibition**

## Scientific Programme: Personalised nutrition in an era of stratified medicine

### 13.30 Session 3: Controversies in nutrition and metabolism

- 13.30** **ESPEN adult ICU guideline highlights: towards a more personalized nutrition strategy**  
*Professor Arthur Van Zanten, Medical Head Intensive Care Medicine, Chair Sepsis Expert National Group, Netherlands*
- 14.00** **Debate: Remission in diabetes type 2 - plate or knife**  
*Professor Mike Lean, Human Nutrition, Glasgow, Co-leader Diabetes Remission Clinical Trial (DiRECT)*
- 14.20** **Debate: Remission in diabetes type 2 - plate or knife**  
*Professor Carel le Roux, Consultant in Metabolic Medicine, Professor of Experimental Pathology, UCD*
- 14.40** **Panel discussion**  
*Invited panel of experts & speakers join facilitated discussion*
- 15.00** **Coffee, networking, poster viewing & exhibition**

### 15.30 Session 4: Personalising nutrition in clinical practice

- 15.30** **Personalised nutrition: where are we, where next?**  
*Dr. Eileen Gibney, Associate Dean Teaching & Learning, Associate Professor Human Nutrition, UCD*
- 15:50** **From performance research in athletes to healthy ageing: the essential role of exercise and nutrition**  
*Professor Giuseppe De Vito, Full Professor (Performance Science) Dean and Head of UCD School of Public Health, Physiotherapy and Sports Science*
- 16.10** **Invited oral papers**  
*Three presentations selected from abstract submissions*
- 16.55** **Controversies in clinical practice: *What would you do? (Audience Participation)***
- Case Study 1: Complications following bariatric surgery**  
*Dr. Helen Heneghan, Bariatric Surgeon, St. Vincent's Hospital*
- Case Study 2: Motor Neurone Disease - challenges for enteral feeding at home**  
*Niamh Maher, Senior Dietitian, Home Enteral Feeding, HSE Dublin North City & County*
- Case Study 3: IF on the ICU – when to start parenteral nutrition?**  
*Pete Turner, Specialist Nutrition Support Dietitian, Ulster Hospital*
- Case Study 4: Nutrition supporting therapy in IBD**  
*Dr. Karen Boland, Consultant Gastroenterologist, Beaumont Hospital*
- Questions & answers**
- 18:10** **Closing remarks**