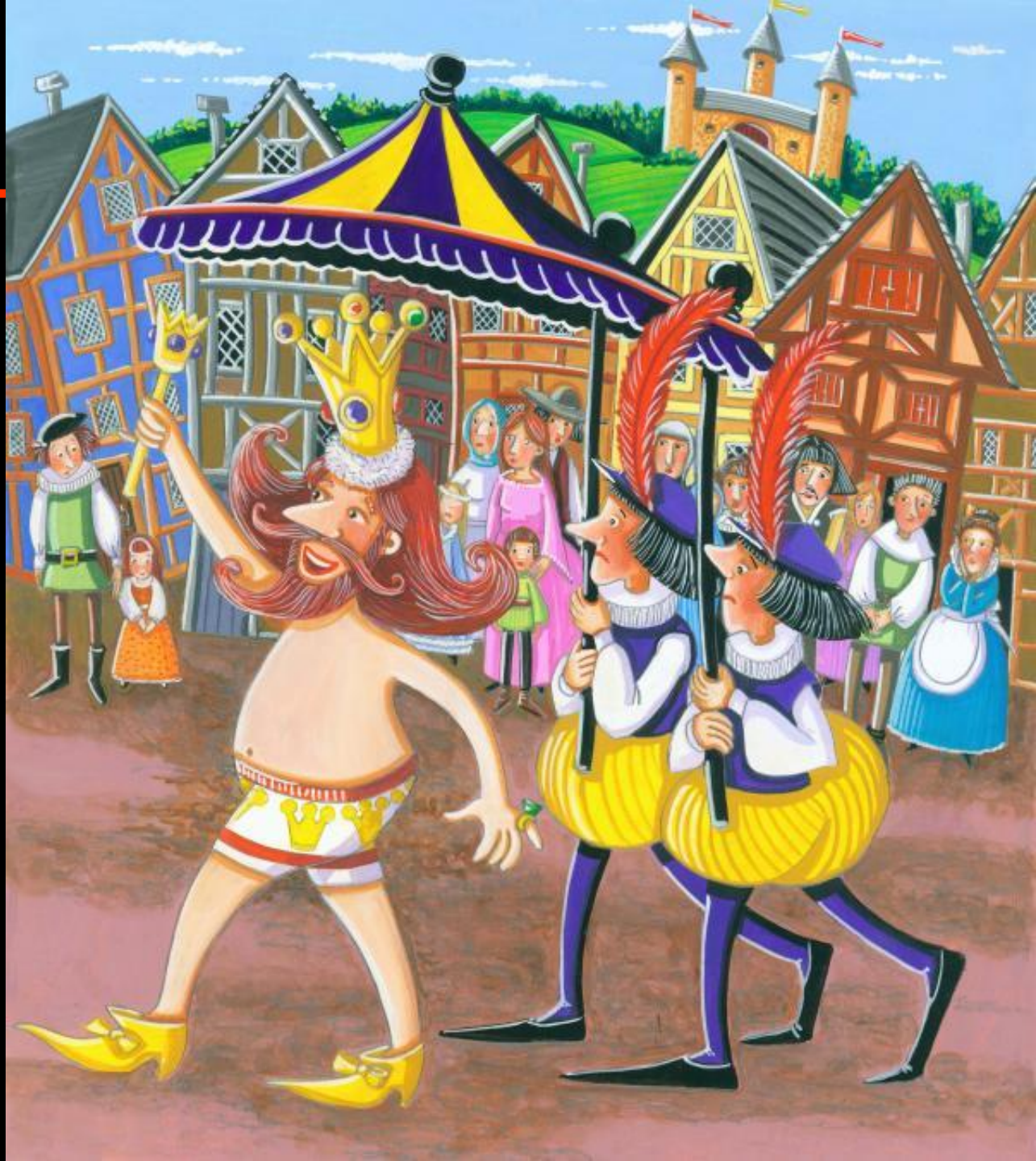
Carel le Roux

University College Dublin

Access to Obesity Services Should be Rationed



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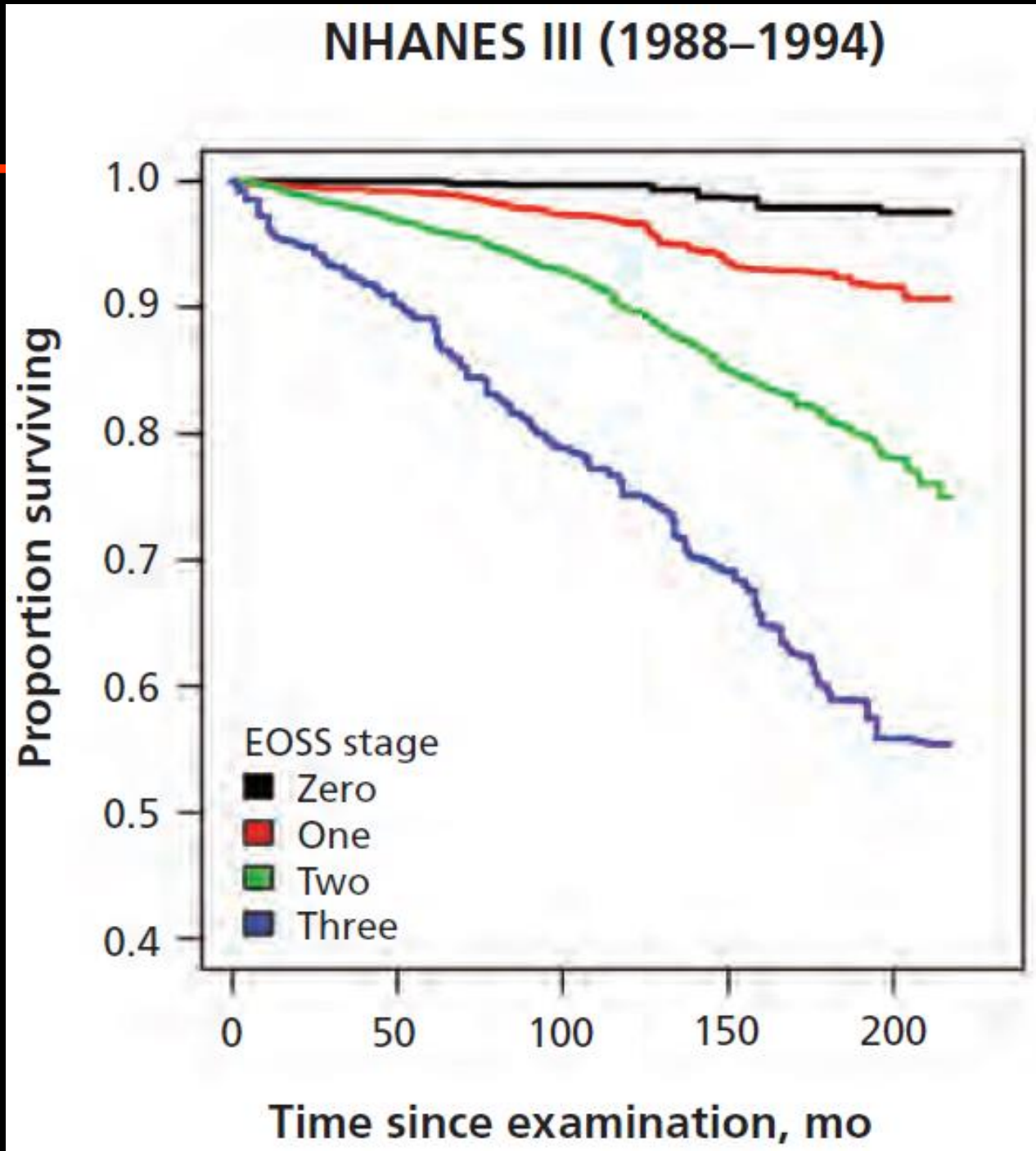
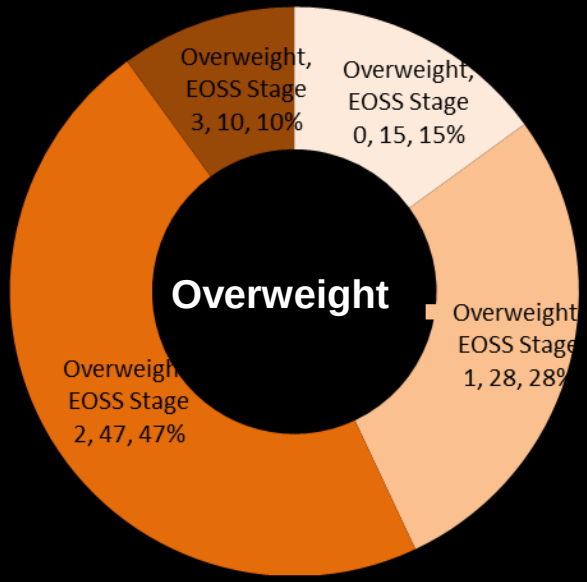
OBESITY ILLS ARE A 'MYTH'
New report finds no evidence of increased health risks formerly linked to excess weight

Morbid obesity vs Obese morbidity

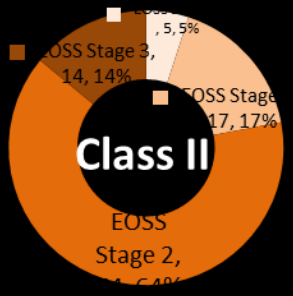


Sharma et al
CMAJ 2011

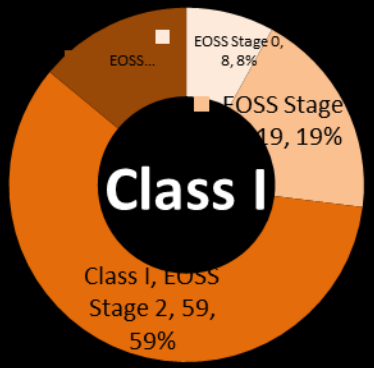
Edmonton Obesity Staging Score Distribution Across BMI Categories in ireland



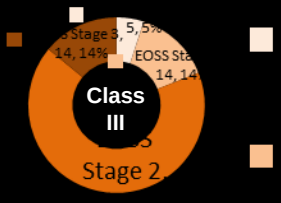
1.1 million



220 000



530 000



130 000

www.drsharma.ca

Padwal R, Sharma AM et al. CMAJ 2011

Should we medicalise this man?

BMI 37 kg/m^2

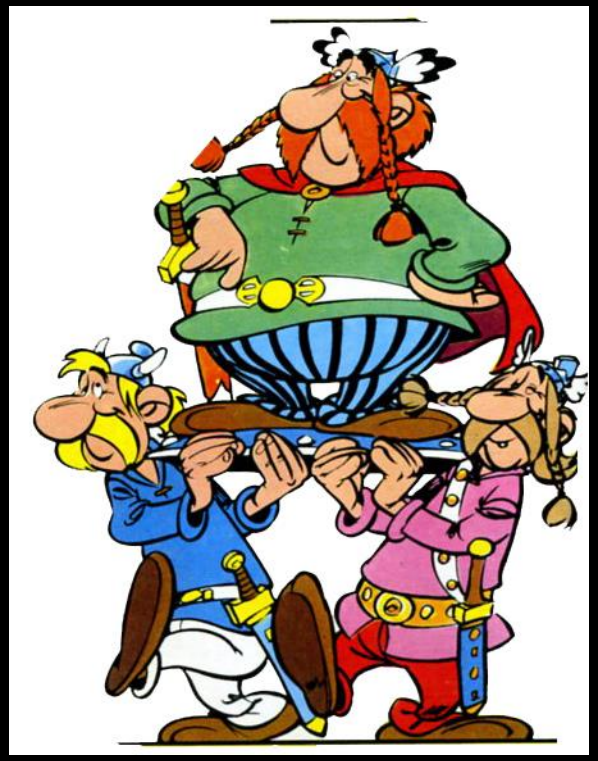
Physically active

Employed

BP =126/82

Glucose 5.3 mmol/L

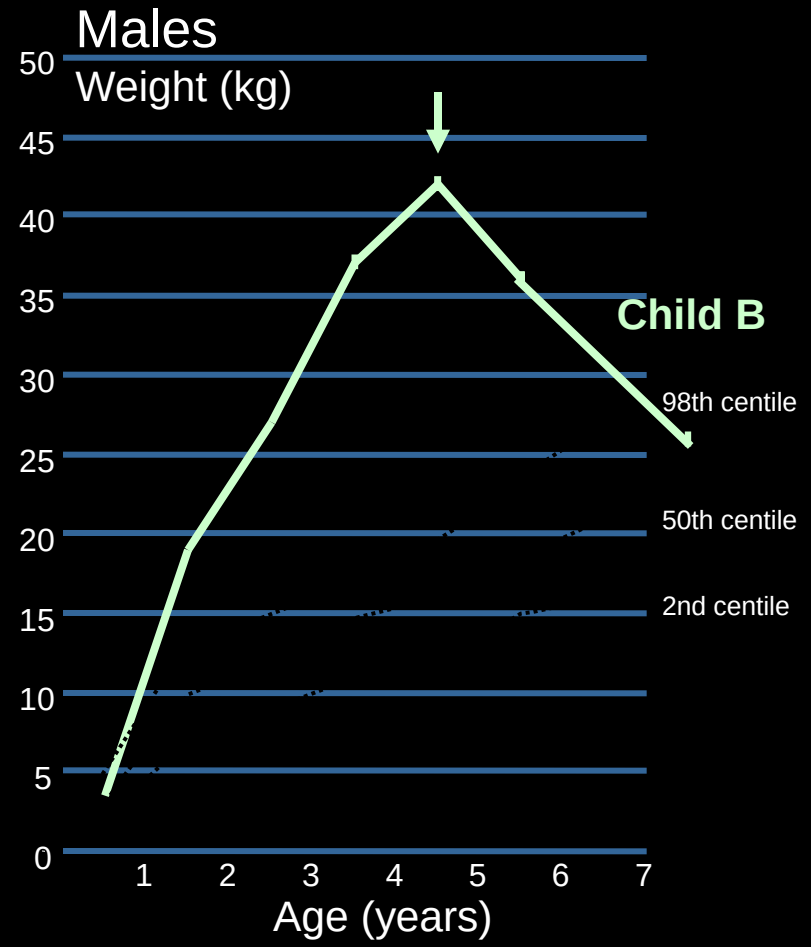
Should we focus or resources on this man?



- BMI 33 kg/m^2
- 3rd party assistance for ADL
- Unemployed due to discrimination
- Fasting glucose 7.9mmol/L
- HbA1c 51 mmol/L
- 152/92 mmHg
- Sleep apnoea

Candidate for which intervention?

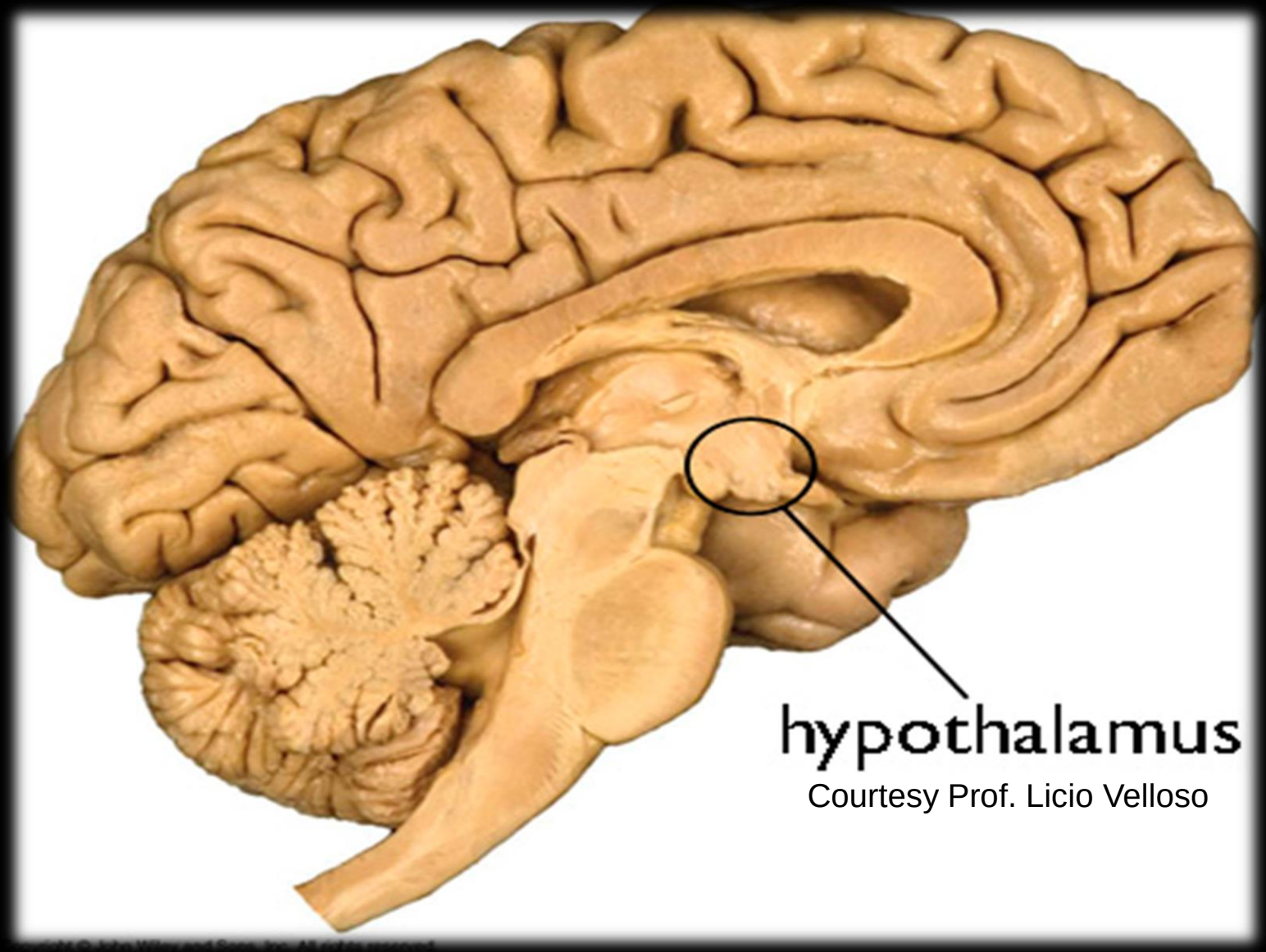
Response to leptin therapy in a child with congenital leptin deficiency



Courtesy Prof Steve O'Rahilly

Subcortical areas of the brain

le Roux et al. Irish Medical Journal 2016



Courtesy Prof. Licio Velloso

Conclusions

Obesity is a complex and chronic disease of the subcortical areas of the brain

Obesity ahs enormous impact on

Individual, healthcare systems and society

Personalised medicine should be about getting the right treatment to the right patient at the right time and we are almost there.

hi
Healthy Ireland
A HEALTHY WEIGHT
FOR IRELAND
OBESITY POLICY AND ACTION PLAN

METABOLIC
MEDICINE
HEROES

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Florida State University

- Alan Spector

Oswaldo Hospital, Soa Paulo

- Ricardo Cohen

Catholic University of Chile

- Camilo Boza

Saudi Arabia

- Al-Qahtani, Ghalia Abdeen

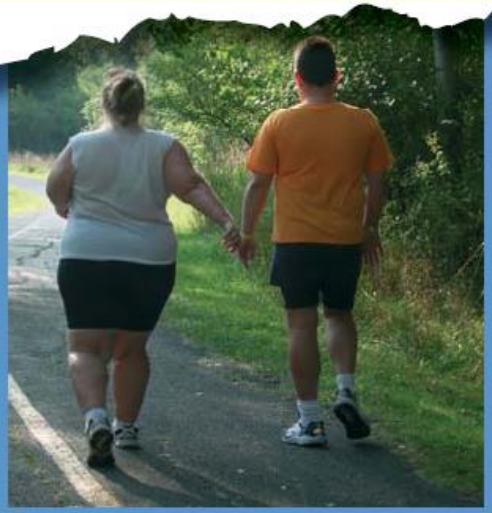
The Devil making her do it

OBESITY

THE POLICY CHALLENGES

The Report of the National Taskforce on Obesity

2005



HSE Framework for Action on Obesity 2008 - 2012

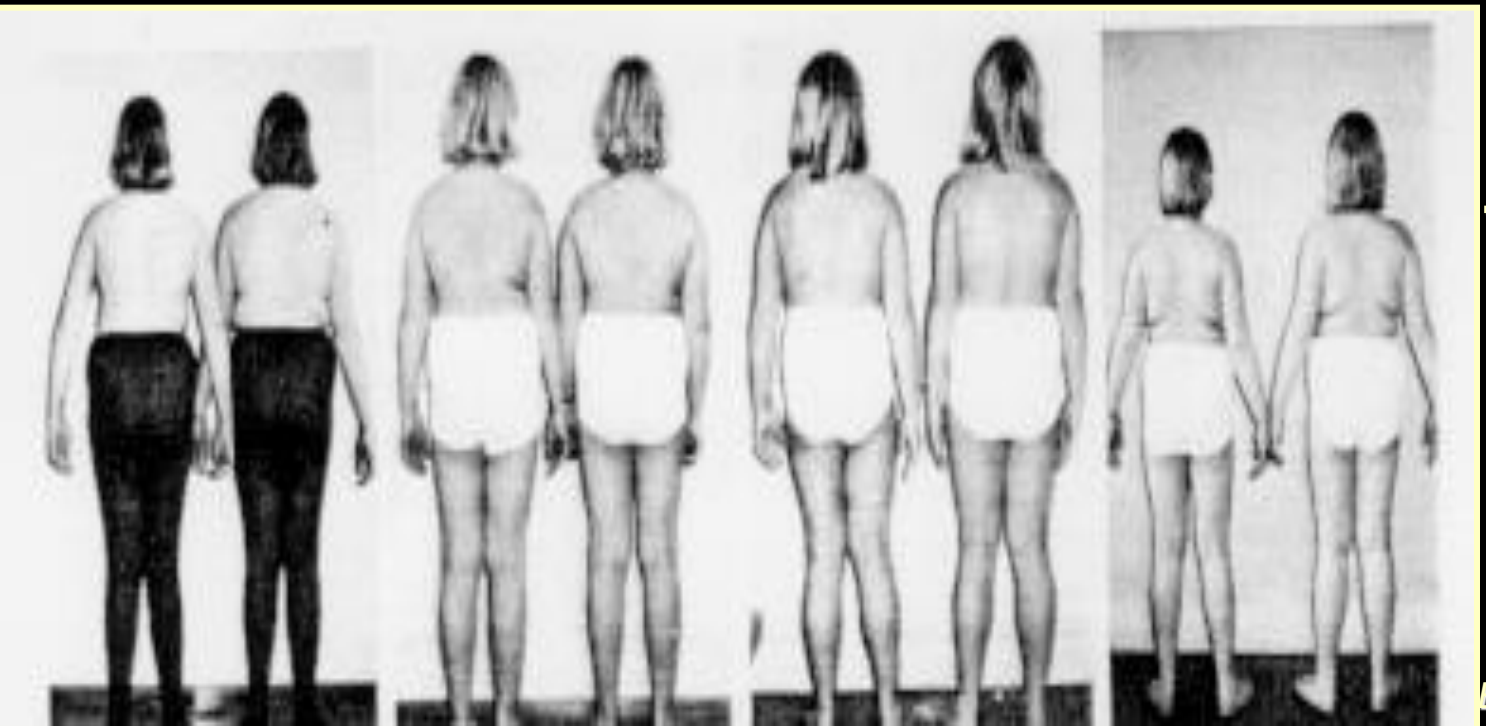
ROYAL COLLEGE OF PHYSICIANS OF IRELAND

An expert report on how to clinically manage and treat obesity in Ireland

Policy Group on Obesity

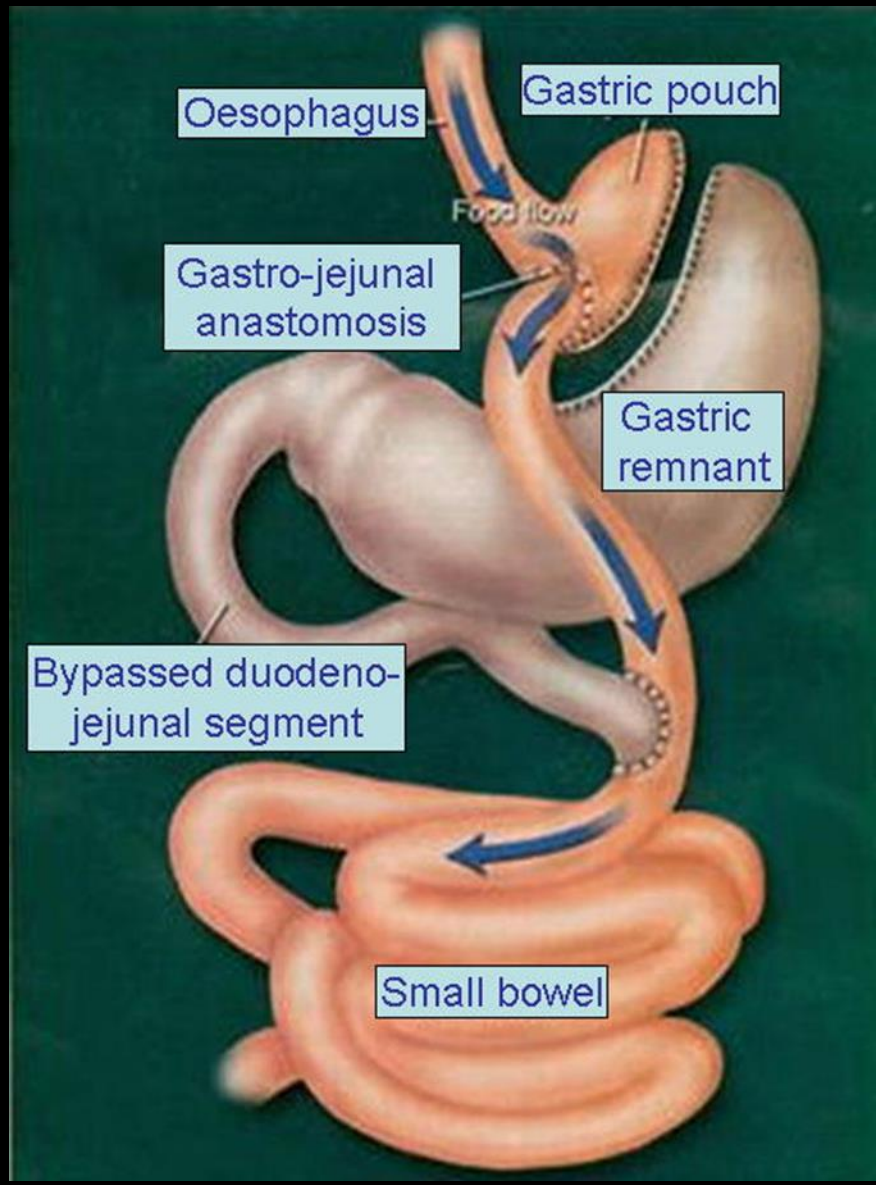
October 2015

Dizygotic Twins



Monozygotic Twins

Borjeson,Acta Paed.1976

Conflict of interest

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